

# (2022-2023) Annual Plan

Date: 4/25/2022

County Name: San Mateo

Contact Name: Darlene Hansen

Telephone Number: 6503125227

E-mail Address: dhansen@smcgov.org

## Instructions:

Government Code Section 30061(b)(4) and Welfare & Institution Code Section 1961(b) call for consolidation of the annual plans required for JJCPA and YOBG.

Please submit your most up-to-date consolidated plan. The following is a standardized template for a consolidated county plan. If you find it helpful to use this template, please do so. Each field must be completed before submitting your plan to the BSCC. If you have nothing to report for a field, please indicate 'N/A'. At the end of the template please press the 'Submit' button to be recorded with the BSCC. Your work will be saved each time you log in, if you need to make any edits.

Your Submission will be posted, as submitted, to the BSCC website.dhansen@smcgov.org

**If you have any questions on completing your annual plan, or wish to use your own plan, please email:**

**JJCPA-YOBG@bscc.ca.gov**

## Juvenile Justice Plan

### Part I. Countywide Service Needs, Priorities and Strategy

- A. Assessment of Existing Services
- B. Identifying and Prioritizing Focus Areas
- C. Juvenile Justice Action Strategy
- D. Comprehensive Plan Revisions

### Part II. Juvenile Justice Crime Prevention Act (JJCPA)

- A. Information Sharing and Data Collection
- B. Juvenile Justice Coordinating Councils
- C. Funded Programs, Strategies and/or System Enhancements

### Part III. Youthful Offender Block Grant (YOBG)

- A. Strategy for Non-707(b) Offenders
- B. Regional Agreements
- C. Funded Programs, Placements, Services, Strategies and/or System Enhancements

**Part I. Service Needs, Priorities & Strategy  
(Government Code Section 30061(b)(4)(A))**

**A. Assessment of Existing Services**

**Include here an assessment of existing law enforcement, probation, education, mental health, health, social services, drug and alcohol, and youth services resources that specifically target at-risk juveniles, juvenile offenders, and their families.**

The Probation Department is committed to providing at-risk and juvenile justice involved youth and their families with prevention, early intervention, culturally sensitive, trauma-informed, evidence-based and/or promising-practice programs that promote resiliency, pro-social behavior, emotional wellbeing, improved family functioning, reduced substance use, and increased engagement in the community and in school.

Deputy Probation Officers (DPOs) in the San Mateo County Probation Department's Juvenile Services Division (Probation) assist youth, both on formal and informal probation, to become pro-social, contributing members of their communities by strengthening key developmental assets, encouraging accountability, and providing timely and impartial information to the courts. JJCPA services and programs for youth are provided by community-based organizations (CBOs), Probation's Assessment Center/Investigations Unit and the Family Preservation Program (FPP), San Mateo County's Human Services Agency's Children & Family Services (CFS), and Behavioral Health and Recovery Services (BHRS). The services include counseling for youth attending community and court schools, case management, substance abuse treatment, mentoring, emotional well-being, academic skills and tutoring, law related education and family counseling.

In FY 2021-22, most CBOs and county partners under JJCPA/YOBG funding continued to provide their programs virtually due to the ongoing COVID-19 restrictions. However, hybrid (in-person and virtual) models of delivery have commenced and will likely continue throughout FY 2022-23, as we are learning that it appears to increase engagement for youth and their families who would have previously experienced transportation issues for in person sessions. However, it is anticipated that in person delivery will begin to increase as we progress through the fiscal year.

In FY 2020-21, there were a total of five (5) JJCPA funded programs that served 461 unduplicated clients which is a 26% decrease as compared to FY 2019-20 (n=623). While the number of youths served declined from the earlier FY, the average number of service hours reported per youth increased from 15.3 to 18.3 in FY 2020-21, and the average length of time in the program notably increased from 5.4 to 6.7 months in this same period. Programs provided more hours of service for a longer period on average per client and this increase appears to be

an artifact of the COVID-19 pandemic and/or the increased demand for more intensive services to address behavioral and emotional needs of clients in the programs able to serve them through the pandemic.

In FY 2020-21, there were a total of six (6) YOBG funded CBO programs that provided services to address youth needs to 73 unduplicated youths served in the Youth Services Center-Juvenile Hall (YSC-JH) and Margaret J. Kemp Camp for Girls (Camp Kemp), with an average of 24.4 hours of service per youth and 10.4 months in the program. We will continue with five (5) of these contracted services moving into FY 2022-23 as one contract terminated due to low population counts at Camp Kemp.

The Juvenile Justice Coordinating Council (JJCC) continues to utilize the Juvenile Assessment and Intervention System (JAIS) and the Child Adolescent Needs and Strengths (CANS) assessments which provide a standard measure of criminogenic risk, life functioning, and areas of strengths and needs while informing program activities and supporting decision making with the initiative of decreasing justice involvement for all youth. Programs served clients across the recidivism risk spectrum, though most clients were assessed as low risk (57%) rather than moderate (36%) or high risk (7%). In mid FY 2021-22, Probation will transition from JAIS to the Ohio Youth Assessment System (OYAS), which is an individualized determination tool to assess youths at the various decision points across the juvenile justice system specific to: diversion, detention, disposition, residential and reentry.

The JJCC meets quarterly to discuss any emerging trends or programming changes for the youth. During FY 2020-21, Probation, along with other county partners and community members of the DJJ Realignment subcommittee (an entity of the JJCC) has developed the County's DJJ Realignment Plan for these Secure Track Youth commitments which was approved by the Board of Supervisors in March 2021 and submitted to the Office of Youth and Community Restoration (OYCR) in December 2021. Furthermore, Probation created the Success and Opportunities Aspiring Readiness for Reentry (S.O.A.R.R.) Program for these realigned youth.

Probation, in partnership with Applied Survey Research (ASR), an outside evaluator, developed individual CBO reports and a comprehensive annual evaluations for all JJCPA/JPCF funded programs which is presented annually to the JJCC members to share analysis and trends on youth profiles, services provided to youth and their families, criminogenic risk, youth strengths and needs and juvenile justice outcomes. In addition, and new for FY 2021-22, Probation also started work on a YOBG evaluation, which it hopes to continue annually. More information will be included in FY 21-22's report.

Multi-Disciplinary Teams (MDTs) comprised of DPOs, Group Supervisors, Social Workers,

BHRS Clinicians, , and CFS continue to work closely together to discuss and determine appropriate treatments, case plans, resources, and other supports available for the youth and their families.

**Describe what approach will be used to facilitate collaboration among the organizations listed above and support the integration of services.**

Collaboration and communication among Probation's contracted CBOs occur through regularly scheduled meetings. In this forum, items discussed include but are not limited to, policy updates, legislation, data collection processes, trainings, and an opportunity for open Q&A. The meetings continue to be held virtually due to COVID-19 and will continue in this format for the near future. The JJCC members also meet on a quarterly basis and all JJCC related information, agenda's, minutes, etc. are maintained and available on-line within the Probation's website.

## **B. Identifying and Prioritizing Focus Areas**

### **Identify and prioritize the neighborhoods, schools, and other areas of the county that face the most significant public safety risk from juvenile crime.**

Through the leadership of the JJCC, Probation continues to partner with AS who developed the department's current Local Action Plan (LAP) 2020-2025. Additionally, ASR develops an annual comprehensive Report based on data that guides the commission's work on providing programs and services to youth and their families in San Mateo County. The LAP highlights the needs and gaps in services, which provides samples of best practices and recommends future steps for service delivery and needs to the JJCC. The current LAP highlighted that families in high-needs areas experience challenges to accessing available resources and with the monitoring their children. To increase access to services, all programs offered are free of charge to youths and their families and many services are provided in school locations to minimize transportation barriers for youth as their services are provided directly on school campuses.

Probation selected service providers that are located in, or in close proximity to, the identified high-needs cities listed below also taking into consideration local transportation options for clients and their families. Due to the COVID-19 pandemic, in-person services ceased, and programs were redesigned to be delivered virtually. With the lifting of restrictions, some services will continue to be offered virtually to further assist with identified transportation and engagement concerns.

The LAP identified the city or residence for youth probationers and the five (5) cities with the largest concentrations of clients, as listed below in order of ranking, which demonstrates the areas in San Mateo County with the greatest needs for youth on probation and their families:

1. Redwood City
2. San Mateo
3. South San Francisco
4. Daly City
5. East Palo Alto

## C. Juvenile Justice Action Strategy

**Describe your county's juvenile justice action strategy. Include an explanation of your county's continuum of responses to juvenile crime and delinquency as well as a description of the approach used to ensure a collaborative and integrated approach for implementing a system of swift, certain, and graduated responses for at-risk youth and juvenile offenders.**

Probation implements informed service delivery programs and prioritizes the use of evidence-based practices among its contracted service providers and maintains a collaborative approach to address the continuum of juvenile delinquency responses in the county. There are several early intervention and diversion programs and services provided to assist at-risk youth and their families both in the community and for those that are juvenile justice involved. The situations of the juvenile justice involved youth and their families served by probation are extremely complex and require collaborative and well-coordinated services from multiple agencies to achieve optimal outcomes. Meeting the needs of each youth requires a careful decision-making process and sufficient resources to enable decision-makers to select the type of resources, services, and other necessary supports that they conclude are best suited for each youth and their families. To generate best possible decisions for individual youth, MDTs consisting of a range of juvenile justice professionals which include DPOs, CFS, BHRS, CBOs, Superior Court, County Office of Education, etc. coordinate to determine individualized case plans and each provide specialized services tailored to youth's specific needs. The evaluation tools currently utilized by San Mateo County to assist in these decisions are as follows:

- Child and Adolescent Needs and Strengths (CANS)

- oA multi-purpose tool which was developed to support decision-making in determining the level of care and service planning, to facilitate quality improvement initiatives, and to allow outcome monitoring.

- Juvenile Assessment and Intervention System (JAIS)

- oA criminogenic risk, strengths, and needs assessment that assists in the effective and efficient supervision of youths, both in institutional settings and in the community, and it provides programs with a standard measure of the youths risk to reoffend

The county addresses the needs of youth and their families by providing programs and resources that improve family functioning, improve educational outcomes, increase developmental assets, pro-social and coping skills, reduce substance use as well as reentry case management and services.

This is achieved through the following:

- 1.Emphasis on early intervention starting in the middle schools when youth first begin to display behavioral problems or have other risk factors that may be predictive of future juvenile justice contact. Targeting youth who are showing signs of behavioral difficulties (e.g., behavioral

referrals at school) through the continuum of those who are experiencing their first contact with the juvenile justice system or who are on Probation for the first time.

2. Address the needs of both youth and their families by offering parenting workshops and/or family counseling in addition to their youth-centered interventions.

3. Continue partnerships with funded programs that use a variety of solid, carefully crafted practices to respond to the needs of their clients and that those practices span the range of what is evidence-based and/or promising practice programs.

4. Understand and address system barriers that limit accessibility and lead to increased recidivism. Programs are offered free of charge to youth and their families as well as providing services on-site at school campuses and via virtual models.

5. Address the needs of underserved groups or groups over-represented in the Juvenile Justice System by age, gender, ethnicity, and geographic areas.

6. Support a complementary set of interventions along a continuum of youth and service's needs. Most of the department's programs provide trauma-informed and developmentally appropriate programs through partnerships with CBOs and county partners who work with youth and their families on the development of behavioral skills/decision-making while providing counseling and asset development, as well as information on community resources and referrals for services. Several programs also work on an alcohol and other drugs (AOD) continuum of education, early intervention, and treatment or referrals for treatment.

7. Eligible youth to be referred to the Phoenix Reentry Program (PREP) which provides youth with the specific tools and resources needed in attaining and maintaining successful reentry to their community upon release from custody.

8. Continue to utilize the CANS assessment and provide training to contracted CBOs at no cost to them, to ensure staff understanding that lends to the fidelity of the model.

## **D.Comprehensive Plan RevisionsDescribe how your Plan has been updated for this year.**

Four new programs have been added to the services provided to youth in the YSC-JH and Camp Kemp, as well as two parenting programs for the parents of at-risk and juvenile justice involved youth on probation as follows:

### Alliance for HOPE

In FY 2022-23, Probation will be building an organizational culture of hope. Hope is the belief that your future will be better than today, and you have the power to make it so. Hope centered and trauma-informed organizations intentionally engage in developing strategies that build pathways and sustain willpower. They help connect their teams to the work by routinely examining “why” the work matters (goal) and fostering collective hope. Leaders often oversee policies and programs that are established within an organization. The organization provides the place. The staff and the programs are the pathways for individuals to receive support in their journey toward meeting their goals. The leader fosters the character of the group, sets the way of thinking, and helps the group sustain mental energy. Hope centered and trauma-informed organizations examine policies and programs and their intended and unintended consequences and ask the hard question, “Do these policies and programs (rules, procedures) create and nurture hope, or do they create and communicate hopelessness?” The hope centered and trauma-informed framework will serve as a tool to support Probation in working with staff, children, families, internal and external partners, and communities. The capacity to perform this work will be made possible by the strategic use of hope navigators, who are individuals trained in the science of hope and have a strong understanding of hope. Probation will implement a robust and sustainable training strategy that reaches all employees.

### Ohio Youth Assessment System

Probation will transition to the Ohio Youth Assessment System (OYAS) individualized determination tool in fall 2022 . OYAS was designed by the University of Cincinnati to assist juvenile justice professionals in providing the most effective interventions for youth based on their likelihood to reoffend, their criminogenic needs, and their barriers to services, while using the least restrictive alternative. OYAS consists of five unique instruments designed to assess youth at each stage of the juvenile justice system. The first two, OYAS-Diversion and OYAS-Detention, are used pre-adjudication and are expected to help juvenile justice professionals determine what type of interventions are appropriate to address the youth’s level of risk and need. The next three, OYAS-Disposition, OYAS-Residential, and OYAS-Reentry, were created to help best serve youth once they are adjudicated.

### WhyTry

WhyTry is an evidence-based social and emotional learning (SEL) program that is used in education and therapeutic environments including trauma informed environments and in area



that are practicing restorative justice. Curriculum is based on the three “R”s, Relationships, Relevance and Resilience. WhyTry is delivered in both individual and group settings with hundreds of hand-on activities, discussions, games, music (positive lyrics – secondary lessons on what the lyrics mean), journaling, and over 200 videos with activities to discuss situations and possible outcomes. Fifty institutions staff have been trained and received certification as WhyTry facilitators.

### Culinary Arts and Hospitality

Probation has recently partnered with the Sheriff’s Office, Food Services Bureau to provide a Culinary Arts Program to youth in the YSC Juvenile Hall (YSC-JH) and at Margaret J. Kemp Camp for Girls (Camp Kemp). The Culinary Arts Program will provide a dynamic curriculum with hands-on experience to assist youth in developing leadership skills, self-sufficiency, and job skills while learning about food and nutrition. Youth will also learn to build self-esteem and self-confidence as youth learn about their own self-worth and abilities. The Sheriff’s Office chef/cook is a certified SERV Safe® manager who will provide lessons on food groups, cooking methods, terminology, menu planning, reading nutrition labels, regional cuisine, proper serving etiquette techniques, and review culinary careers and standard kitchen slang. SERV Safe® is a food and beverage safety training and certificate program administered by the U.S. National Restaurant Association. Additionally, youth participating in this program will be able to take the SERV Safe® Food Handler assessment and examination that allows them to earn their SERV Safe® Food Handler certification. This certification will allow youth to be employed in California restaurants as required by SB 602.

### Triple P – Teen

A broadly focused interactive parenting support intervention on a one-to one basis for parents of teenagers up to 16 years. After thorough family assessment, parents set their own goals, learn ways to encourage positive behavior for teens, and teach their teens new skills such as problem solving, conflict resolution, and self-regulation. With over 10 sessions, parents identify the influences on teenagers’ behavior and set their own goals for change. Parents also learn ways to use appropriate consequences for problem behavior (e.g., breaking family rules, taking inappropriate risks, emotional outbursts).

### The Parent Support Group

Through collaboration with an established CBO partner, this 10-session parent support group program was developed utilizing evidence-based processes. Through interactive engagement, behavior awareness, commitments to change, goal setting and robust curriculum supports, parents can better understand and connect with their children. Clinicians and parents will explore abstract discussions on influence and control, look at characteristics and behaviors that shape their relationships with their children, and come up with some concrete tools to guide future

interactions. In the last session, youth will have the opportunity to participate and openly communicate goals and hopes for their relationship(s) with their parents.

Sessions include:

- Providing psychoeducation regarding the effects of trauma on the brain
- A Cognitive Behavior Therapy (CBT) model to enable parents to better understand how their/their children's thoughts and feelings ultimately impact and effect behaviors and actions
- An introduction on substance use as a coping mechanism and the ways drugs alter the neural pathways, thinking and decision-making processes, and how they can be managed and overcome with mindfulness practices
- Understanding the various levels of influence in their child's everyday experience by discussing the personal, social, and macro-level spheres and the role of each.
- Exploration of:
  - oThe roots of addiction through an intergenerational lens
  - oThe intergenerational path of trauma and the connection to the societal context
  - oRelationship dynamics with parent and children in a multifamily group where children will have the opportunity to vocalize their goals and hopes for their relationship with their parents
- Discuss and make the connections between Adverse Childhood Experiences (ACE's), trauma and current behavioral manifestations.

#### COVID-19 Update

As the COVID-19 guidelines continue to change and evolve at the Federal and State level, probation will continue to align with these regulations and follow the Cal/OSHA workplace safety guidelines. All DPOs have resumed pre-COVID supervision duties and are back to conducting all field and office visits in person with youth and their families, and Court Officers will be going back into the courtroom for hearings. Institutions is using the "level" system as follows:

- Level A – Youth are quarantined their first 72 hours or until Correctional Health receives a negative COVID test
- Level B – Youth can have professional visits behind the plexiglass barrier once retested and day 12 and cleared
- Level C – Youth receive in-person visits and all visitors must present either their vaccination card or negative COVID test results.

As appropriate, the county will transition back to in person program delivery for programs and services that are being offered virtually as a result of COVID-19.

**If your Plan has not been updated this year, explain why no changes to your plan are necessary.**

N/A

**Part II. Juvenile Justice Crime Prevention Act (JJCPA)  
(Government Code Section 30061(b)(4))**

**A. Information Sharing and Data Describe your information systems and their ability to facilitate the sharing of data across agencies within your county. Describe the data obtained through these systems and how those data are used to measure the success of juvenile justice programs and strategies.**

The following are the systems utilized by the San Mateo County Probation Department in partnership with the CBOs delivering program services:

**Probation Information Management System (PIMS)**

PIMS is the probation internal case management system which maintains and tracks client and case information in detail and is also utilized for data collection, reports and analysis.

**Juvenile Assessment and Intervention System (JAIS)**

JAIS is a criminogenic risk, strength, and needs assessment tool designed to assist in the effective and efficient supervision of youth, both in institutional settings and in the community. CBOs are required to administer the pre-JAIS assessment once, at intake, for all youth enrolled to provide Probation with the needed data to determine recidivism risk.

**Child Adolescent Needs and Strengths (CANS)**

CANS is a multi-purpose tool developed for children's services to support decision-making in determining level of care and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes.

**The Holistic Student Assessment (HSA)**

The HSA is a data-driven tool to promote social-emotional development in youth in school and afterschool settings. The self-report tool provides teachers, program staff and administrators with a social-emotional "portrait" of the unique strengths and challenges of each youth.

**Stakeholders Self-Assessment Survey**

Youth are administered the Self-Assessment Survey biannually in the fall and spring sessions which provide data directly related to CBOs meeting their targeted performance measures within the Project-LEARN program.

**Youth Self-Report Survey**

Youth are administered a Self-Report Survey on the first, fourth and final sessions, which provide data directly related to CBOs meeting their targeted performance measures within the Victim Impact Awareness (VIA) program.

### The Law Knowledge Survey

CBO administers this pre/post assessment of youths' understanding of the Law Program content, focusing on the most important aspects of each lesson that will help youth stay safe and reduce Juvenile Justice involvement. The survey will be completed in two (2) parts with the pre-test completed on the first day of class and the post-test on the last day of class.

### The Exit Evaluation

This is a program evaluation each youth completes on the last day of the Law Program class using a Likert scale about the impact of the class on the youth's outlook and choices. It will help determine increased in positive decision making, engagement with adults, reductions in likelihood of breaking the law, etc. as key program indicators.

San Mateo County Probation Department contracts with Applied Survey Research (ASR), a third-party evaluation service to conduct individual CBO reports and comprehensive annual reports of its programs and services funded through the JJCPA and YOBG. All the demographic and service datasets provide relevant outcome information about the characteristics of clients receiving services, their length of involvement in services and the impact of involvement of specific services. The Comprehensive Reports are presented annually to the JJCC.

## **B. Juvenile Justice Coordinating Councils**

**Does your county have a fully constituted Juvenile Justice Council (JJCC) as prescribed by Welfare & institutions Code 749.22?**

yes

**If no, please list the current vacancies that exist on your JJCC, when those vacancies occurred, and your plan for filling them.**

N/A

## **C. Funded Programs, Strategies and/or System Enhancements**

# JJCPA Funded Program(s), Strategy and/or System Enhancement

Below are JJCPA funded programs reported by the county.

## Program Name:

Court and Community Schools: Collaborative Counseling and Transition Program

## Evidence Upon Which It is Based:

Psychodynamic Therapy- Trauma specific and trauma informed systems of care to youth. The evidenced-based approach being used is psychodynamic therapy. As validated in Dr. Johnathan Shelder's abstract, "The Efficacy of Psychodynamic Psychotherapy": Empirical evidence supports the efficacy of psychodynamic psychotherapy.

Shedler, J. (2010). American Psychological Association 0003-066X/10/. Vol. 65, No. 2, 98 –109  
DOI: 10.1037/a0018378. <https://www.apa.org/pubs/journals/releases/amp-65-2-98.pdf>

## Description:

The San Mateo County Office of Education Court Schools Program operates two programs in partnership with the San Mateo County Probation Department. Court Schools are mandatory and serve students who have been ordered by the Court to Probation Department programs. The Collaborative Counseling utilizes evidence-based practices with their behavioral health/mental services provided to serve the most at-risk youth, those who are on probation and/or have been expelled from their district schools. These are students who have suffered severe adverse childhood experiences; violence being predominant. The program provides: critical interventions to at-risk youth through on-site individual and group psychodynamic counseling; a positive counseling experience, through which students will express and regulate their emotions, and make positive choices about their actions and life.

The Transition Program is a continuum of services for the students who are transitioning from the Collaborative Counseling Program at the Court and Community Schools to their larger comprehensive high schools in the Sequoia Union High School District and the San Mateo High

School District. The Transition Program addresses the lack of parental empowerment and advocacy; challenges youth face when going from a small highly structured and individualized educational environment to a large high school with anonymity and negative peer influences; and a history of prior school failures.

**Program Name:**

Positive Parenting Program – Triple P

**Evidence Upon Which It is Based:**

Triple P is built on more than 35 years of program development and evaluation. The model avoids a one-size-fits-all approach by using evidence-based tailored variants and flexible delivery options (e.g., web, group, individual, over the phone, self-directed) targeting diverse groups of parents. The Centers for Disease Control funded a population study in South Carolina. Results from this study showed that in the counties where Triple P was implemented, there was a decrease in the rates of substantiated child abuse reports, outofhome placements and emergency room visits for childhood injuries.

<http://www.springerlink.com/content/a737l8k76218j7k2/fulltext.html>

In addition, the California EvidenceBased Clearinghouse for Child Welfare identified Triple P as one of only three parenting programs with a scientific rating of 1 (Well Supported by Research Evidence).

<http://www.cebc4cw.org/program/8>

**Description:**

Triple P – Teen is a parenting and family support system designed to prevent, as well as treat, behavioral and emotional problems in teenagers and is delivered to parents of youth ages 12 to 16 years old. The primary aim of Triple P - Teen is to assist parents to promote positive skills and abilities in their teenage children, which contributes to the prevention of more serious adolescent health-risk behavior, and delinquent or antisocial behavior. The Triple P - Teen system consists of five levels of interventions of increasing strength as shown in the table below. The availability of the multiple levels and the flexibility in service delivery method enables parents to receive the intensity and format of services that will best meet their needs.

Level	Description
1Universal	Media based parenting information campaign
2Selected	Information and tips for specific parenting concerns provided in 1-2 brief sessions or in large-group seminars
3Primary Care	Brief consultations about specific parenting concerns provided in 3-4 sessions
4Standard or Group	In-depth training in positive parenting skills, offered as 10-18



week sessions to individual families (Standard) or 8-week  
groups (Group)

5Enhanced Additional support for families where parenting issues is  
compounded by parental stress and/or relationship difficulties

5Pathways Additional support for families at risk for child maltreatment due  
to anger management and/or negative attributions  
about their children's behaviors

**Program Name:**

Probation's Juvenile Assessment Center & Investigations Unit (ASC/INV Unit)

**Evidence Upon Which It is Based:**

The ASC/INV Unit utilizes the Juvenile Assessment and Intervention (JAIS) tool designed to assist in effectively and efficiently supervising youth in both institutional settings and in the community. The model weaves together a gender-specific risk assessment and a strengths and needs assessment, helping workers identify behaviors and issues to expect during supervision. The gender-specific risk assessments used in JAIS is research-based and has been employed and validated widely.

\* Probation will transition in late 2022 to the Ohio Youth Assessment System (OYAS) individualized determination tool. Based off early dynamic risk assessment research, OYAS introduced the 4 principles of effective classification modalities; Risk, Need, Responsivity, and Profession Discretion.

**Description:**

The Juvenile ASC/INV Unit provides a primary point of entry for intake and assessment of youth who have come into contact with the juvenile justice system. At the ASC/INV Unit intake, the process begins when the youths receive a multidisciplinary team risk/needs assessment, including screening for mental health, substance abuse, and other significant risk factors. Based upon the assessment findings, a recommendation that includes a balance of accountability and support/treatment services is completed and discussed with the youth's family by the assigned DPO.

Recommendations are also made to the Juvenile Court if release from custody is appropriate. Diversion-eligible youths can be referred to a range of programs and services including the Petty Theft Program, Juvenile Mediation Program, Victim Impact Awareness Program, and Traffic Court. Youths may also be placed on short-term (3 months) or long-term (6 months) supervised Probation Diversion contracts.

The ASC/INV Unit works in collaboration with CFS and has entered into a Memorandum of Understanding (MOU) for the Youth Outreach Program (YOP), which provides at risk youth and their families with clinical services through family counseling, crisis support, and individual clinical support as identified through an individual and family assessment. Under this MOU, clinicians also provide the Triple P—Teen parenting program, and one-on-one parenting support.

**Program Name:**

Insights Behavioral Health Services – Seeking Safety

**Evidence Upon Which It is Based:**

Seeking Safety draws upon multiple evidence-based models to improve participants' behavioral health to help individuals achieve safety from trauma experiences and/or substance abuse. Counselors use Family Skills Training, a cognitive behavioral therapy (CBT) model that provides skills to support pro-social behaviors and deal with challenging adolescent behavior and this model, which was developed in 1992 by Dr. Lisa Najavits, has proven extremely successful in directly addressing substance use and Post-Traumatic Stress Disorder (PTSD) in youth without them being retraumatized by the therapeutic process.

<https://www.cebc4cw.org/program/seeking-safety-for-adolescents/>

**Description:**

Established in 1994, the Insights Seeking Safety program offers early intervention and family focused individual or peer group support sessions along with case management for firsttime offenders and other atrisk youth. For youth with emerging substance abuse problems, it also offers more intensive family counseling, as appropriate. This treatment provides 12 topics from Seeking Safety's curriculum to align with the 12week duration of programming at Insights. The topics selected are those that appear most relevant to the population served, and include Safety, Detaching from Emotional Pain (Grounding), When Substances Control You, Asking for Help, Taking Good Care of Yourself, Red and Green Flags, Honesty, Commitment, Community Resources, Setting Boundaries in Relationships, Coping with Triggers, and Healthy Relationships.

**Program Name:**

Law and Leadership Program

**Evidence Upon Which It is Based:**

The Law and Leadership Program offers intervention and prevention strategies for at-risk and system-involved/probation youth grounded in evidence-based principles and focuses on building developmental assets such as motivational interviewing; cognitive behavioral based therapy; growth mindset goal management; strengths-based case management; and gang awareness training.

The Leadership Training Program intervenes more intensively with high-risk juvenile probation and at-risk populations to decrease recidivism and increase educational engagement. Youth receive one-on-one case management with a positive, non-parental adult who can provide connection, supervision, guidance, skills training, vocational support (where applicable), help youth understand/manage social norms, and establish goals to meet their full potential.

**Description:**

The Law-Related Education (LRE) curriculum covers topics such as: assault, theft, vandalism, hate crimes, drugs, gangs, and the Three-Strikes law. Classes meet once per week for two hours over a 12-week period running from September to December over the fall semester and from January to May over the spring semester. The topics covered capture youth interest, activate cognitive-behavioral change, and build life skills in conflict management, problem solving, empathy and resisting negative peer pressure, which in turn contributes to the youth's developmental assets. Each week youth participate in role-plays to build pro-social life skills in non-violent conflict resolution, drug refusal, problem solving, and positive leadership. Youth take a field trip to a local university where they take a campus tour, learn about the juvenile justice system, and act out a trial in a law school courtroom. Guest speakers such as lawyers, judges, police officers, and probation officers attend sessions to share their experiences. The program culminates with a recognition ceremony for youth, their families, and friends.

**Program Name:**

Probation's Family Preservation Program (FPP)

**Evidence Upon Which It is Based:**

This is a supervision unit within the San Mateo County Probation Department whose supervision guidelines are modeled after graduated responses and evidence-based risk and needs assessment tools. Research studies have found that for parents with children in intensive family services programs, the use of problem-targeted services increases the likelihood of reunification.

**Description:**

FPP is a family-focused program designed to assist families in crisis by improving parenting and family functioning while keeping children safe. It was developed with the intent to encourage the continuity of the family unit with a primary focus on keeping the family together based on six components: safety of the child, immediate response; specific limited time; services are homebased; small, manageable caseloads and connecting family member to the community. These youth have either been charged with low-level offenses or come from homes where the functionality of the family has been compromised (e.g., child abuse and/or neglect) and are at high risk for out-of-home placement. Probation and county partners work collaboratively, provide an array of specialized services, offer intensive case management and therapeutic interventions by mental health providers.

**Program Name:**

Victim Impact Awareness Program (VIA)

**Evidence Upon Which It is Based:**

VIA is an alternative dispute resolution program that is a trauma-informed and strengths-based educational program that includes interactive activities and facilitation that teaches empathy and support toward active reparation to victims.

**Description:**

The intervention model for VIA is a tested and proven curriculum that uses the power of teenage peer-led influence and empowerment as a tool to expand and shift youth offenders' thought and behaviors patterns away from the ones that informed the decisions that led to their arrest. The curriculum is designed to give the students a better perspective of what it's like to be a victim as well as a better understanding of why they committed the crimes they have been charged with. VIA assists youths in identifying their own capacity to learn and use their own motivation and connectedness to build viable coping skills which steer them away from further involvement in the juvenile justice program, to increase empathy and pro-social behavior, and to create new pathways for hopefulness in the future and overall well-being as important citizens in our community. Youth will gain a better perspective through various activities, videos, discussions, and speakers that come to the class. In addition, they are given the opportunity to learn about mediation and to possibly consider experiencing mediation after the class has been completed.

**Program Name:**

The Parent Support Group

**Evidence Upon Which It is Based:**

Curriculum was designed utilizing Motivational Interviewing (MI), Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), and Mindfulness Based Therapy (MBT). At the core, CBT/DBT and MBT builds upon the principles of cognitive therapy by using techniques such as mindfulness meditation to teach people to consciously pay attention to their thoughts and feelings without placing any judgments upon them. These therapies are recognized as evidence-based practices by the Substance Abuse and Mental Health Services Administration (SAMHSA).

**Description:**

Through interactive engagement, behavior awareness, commitments to change, goal setting and robust curriculum supports, parents can better understand and connect with their children. Clinicians and parents will explore abstract discussions on influence and control, look at characteristics and behaviors that shape their relationships with their children, and come up with some concrete tools to guide future interactions. In the last session, youth will have the opportunity to participate and openly communicate goals and hopes for their relationship(s) with their parents.

Sessions include:

- Providing psychoeducation regarding the effects of trauma on the brain
- Cognitive Behavior Therapy (CBT) model to enable parents to better understand how their/their children's thoughts and feelings ultimately impact and effect behaviors and actions
- An introduction on substance use as a coping mechanism and the ways drugs alter the neural pathways, thinking and decision-making processes, and how they can be managed and overcome with mindfulness practices.
- Understanding the various levels of influence in their child's everyday experience by discussing the personal, social, and macro-level spheres and the role of each.
- Exploration of:
  - oThe roots of addiction through an intergenerational lens
  - oThe intergenerational path of trauma and the connection to the societal context
  - oRelationship dynamics with parent and children in a multifamily group where children will have the opportunity to vocalize their goals and hopes for their relationship with their parents.
- Discuss and make the connections between Adverse Childhood Experiences (ACE's), trauma and current behavioral manifestations.

**Part III. Youthful Offender Block Grant (YOBG)  
(Welfare & Institutions Code Section 1961(a))**

**A. Strategy for Non-707(b) Offenders**

**Describe your county's overall strategy for dealing with non-707(b) youthful offenders who are not eligible for commitment to the Division of Juvenile Justice. Explain how this Plan relates to or supports that strategy.**

The San Mateo County Probation Department recognizes that the varied needs of non-707(b) youth require a comprehensive approach if the department is to be successful in transitioning these youth back into the social and educational mainstream. Specifically, the Probation Department's Juvenile Justice Local Action Plan responds to non-707(b) offenders by employing a strategy of providing appropriate services to these offenders based on the youths' assessed needs. YOBG funds are used for CBO programs and services (e.g. substance abuse counseling, mentoring, trauma services, life skills, etc.) provided within the YSC-JH and Camp Kemp as well as for supervision and aftercare/reentry needs, including, electronic monitoring in order to release youth from custody earlier, as well as providing funding for providers. Some of the CBOs follow the youth into the community where they continue to offer them services and supports.

Probation is invested in providing youth with the specific tools and resources needed in attaining and maintaining successful reentry into their community upon release from custody. The YSC-JH utilizes the Phoenix Re-entry Program (PREP) which works collaboratively with BHRS to provide trauma-informed, family focused, culturally responsive, gender responsive, and a holistic approach to the mental health services offered to youth and their families so that clinical services are delivered appropriately, effectively, and cohesively.

The department's goal is to take a holistic approach to the mental health services of PREP by using a trauma-informed approach, that includes family members, BHRS, Probation DPOs and Institutions staff members, as well as other supportive services. This approach will assist the youth in managing symptoms in order to sustain long-term psychological, spiritual, and emotional wellbeing upon re-entry into the home and community. In FY 2020-2021, two youths participated in PREP and both were subsequently terminated from probation upon their release.

**B. Regional Agreements**

**Describe any regional agreements or arrangements to be supported with YOBG funds.**

San Mateo County Probation Department has a memorandum of understanding with Sonoma County Probation Department to bring female youth to our Camp Kemp and YSC-JH. These youth participate in YOBG funded programs such as the Art of Yoga, Mind Body Awareness, Rape Trauma Services and Success Centers.



# **YOBG Funded Program(s), Placement, Service, Strategy and/or System Enhancement**

**Below are YOBG funded programs reported by the county.**

**Program Name:**

Gaining Independence and Reclaiming Lives Successfully (GIRLS)

**Evidence Upon Which It is Based:**

Youth who are in custody at Camp Kemp will continue to receive gender responsive services upon release.

**Description:**

The GIRLS program promotes resiliency, encourages pro-social behaviors, emotional well-being and supports youth in decreasing their involvement in the juvenile justice system and help them make positive and health choices when they return to the community. Services provided are gender specific for female youth.

**Program Name:**

Academic Counselling, Job Readiness, Life Skills and Visual Arts

**Evidence Upon Which It is Based:**

Youth will have access to services that will assist in their understanding of college pathway options, transition to employment and the visual arts.

**Description:**

These programs will increase youth personalization and academic stamina, so that they demonstrate higher success rates upon release. Additionally, the academic counseling strategy is a component that deepens students' understanding of college pathway options through the formulation of personalized learning plans centered on certificate development pathways and academic attainment. The Job readiness curriculum helps youth develop work maturity skills, including: conflict resolution; dealing with punctuality, fraternization or authority issues; stress management and financial literacy (including reading a paystub, understanding banking systems, etc.). The visual arts program engages youth in fine arts as a vehicle for them to build upon life skills they need to reduce their risk of recidivism.

**Program Name:**

Crisis Intervention and Violence Prevention Education

**Evidence Upon Which It is Based:**

To provide crisis intervention, mindfulness groups, and violence prevention education sessions to youth at Camp Kemp and YSC-JH, and youth enrolled in reentry programs. These services are seen as building blocks for healing youth and the techniques, counseling and support continues beyond detention.

**Description:**

Rape Trauma Services (RTS) will provide Sexual Assault Counselors to respond to crisis intervention requests within 2 hours for an emergency, and 24 hours for at-risk youth at Camp Kemp and YSC-JH., The evidence-informed Ending Cycles of Violence prevention education will provide core concepts of the curriculum including recognizing trauma and trauma responses, the cycle of acting in, acting out and acting to heal, and myths and facts about sexual violence, including the commercial exploitation of children.

**Program Name:**

Mindfulness

**Evidence Upon Which It is Based:**

Mind Body Awareness (MBA) staff will offer once a week, 90-minute classes at YSC-JH. The topics covered will be from the 10-module curriculum with an emphasis on mindfulness, stress and anxiety reduction, and emotion regulation which provide necessary skills to help the youth succeed beyond detention.

**Description:**

The program is delivered in eight-week cycles and the topics covered are driven by the needs of the group and drawn from the curriculum. Additionally, youth complete individual work outside of class to bolster their mindfulness education through listening to audio tracks, meditation, and practicing mindfulness exercises.

**Program Name:**

Law Related Education

**Evidence Upon Which It is Based:**

Fresh Lifelines for Youth (FLY) will provide law education classes to educate youth about the laws and their rights to help change their mindsets about crime, illegal activity and risky behavior while building life skills that will increase their capacity to problem-solve in pro-social ways. Will continue to receive these services after being released from YSC-JH.

**Description:**

FLY will provide reentry case management as well as education and career navigation workshops. The program's case management and mentoring strategy works intensely with the youth's critical needs and criminogenic risk to develop a comprehensive youth centered plan that will lead to lasting positive change.

**Program Name:**

Yoga and Creative Arts

**Evidence Upon Which It is Based:**

The Art of Yoga will provide yoga and creative art classes to youth at Camp Kemp and YSC-JH. This program will help with the physical and mental well-being of the youth and these techniques taught to them can be carried over after detainment.

**Description:**

Gender-responsive program that combines health education, character development, yoga, breathing techniques, meditation, creative arts, and writing. Classes will be organized into monthly modules emphasizing accountability, well-being, and reflection through yoga, meditation, and art and writing projects. Programming is gender responsive. Youth in the boys' units will provide trauma-informed mindfulness-based programming that combines yoga, breathing techniques, and meditation.

**Program Name:**

Mental Health Treatment Services

**Evidence Upon Which It is Based:**

Youth who are in custody at the YSC-JH or Camp Kemp will continue to receive services upon release.

**Description:**

Clinicians will provide a therapeutic safe space for the youth by using evidence-based curriculums such as Trauma informed CBT and DBT. CBT can be an appropriate evidence-based practice for adolescents because it helps youth develop an understanding of their thought process. Services will provide individual, group, and multi-family therapy as well as case management. The focus of these services will be on alcohol and drug use, anger/aggression replacement therapy, life skills, parenting, and other mental health disorders.

**Program Name:**

Court Schools: Collaborative Counseling and Transition Program

**Evidence Upon Which It is Based:**

Psychodynamic Therapy- Trauma specific and trauma informed systems of care to youth. This type of therapy will help set a foundation of healing for the youth that will last beyond detention.

**Description:**

The Collaborative Counseling program provides behavioral health/mental services to serve the most at-risk youth, those who are on probation and/ or have been expelled from their district schools. These are students who have suffered severe adverse childhood experiences; violence being predominant. The program provides: critical interventions to at-risk youth through on-site individual and group psychodynamic counseling; a positive counseling experience, through which students will express and regulate their emotions, and make positive choices about their actions and life.

The Transition Program is a continuum of services for the students who are transitioning from the Collaborative Counseling Program at the Court and Community Schools. The Transition Program addresses the lack of parental empowerment and advocacy; challenges youth face when going from a small highly structured and individualized educational environment to a large high school with anonymity and negative peer influences; and a history of prior school failures.

**Program Name:**

Drug and Alcohol Counseling

**Evidence Upon Which It is Based:**

Youth who are in custody at the YSC-JH or Camp Kemp are connected to other services upon release based on need.

**Description:**

This program utilizes strength-based approaches in assisting youth to identify goals, areas of growth, and effective communication. Moreover, counseling services will provide youth with effective coping skills and opportunities to practice skills. These services are delivered at YSC-JH, Camp Kemp, and to youth eligible for PREP Re-Entry services.